

# Enhanced CPD

## The Dental Circle summary of the new GDC guidance

### What you need to know about Enhanced CPD:

- Non-verifiable CPD no longer exists.
- Dentists must complete 100 hours of verifiable CPD per 5-year cycle.
- DCP's must complete 75 hours of verifiable CPD per 5-year cycle.
- Nurses and Technicians must complete 50 hours of verifiable CPD per 5-year cycle.
- You must do CPD regularly, at least 10 hours every 2 years.

### What happens if you are mid-way through your 5-year cycle?

- Follow this link to calculate the exact hours you must complete if you are transitioning from the old style of CPD to the new style ECPD:  
<https://gdc.onlinesurveys.ac.uk/ecpdtool>
- Any planned CPD must match the 4 GDC outcomes.
- CPD must be Quality Assured by the Provider.

## Personal Development Plan...

There are 4 Key messages from the new GDC guidance which are:

1

### Plan CPD

The purpose of the new mandatory PDP for dental professionals is to help registrants identify their CPD needs.

2

### Do CPD

How?

#### PLAN

S.O.A.R: understand your Strengths, Opportunities, Aspirations and Results.

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3

### Reflect CPD

#### REFLECT

on the CPD, and consider how this has enabled you to enhance your skills.

The NEW PDP Platform by Dental Circle enables you to easily meet the new GDC guidance and log & record your learning needs on a user-friendly website, so visit [www.dentalcircle.com](http://www.dentalcircle.com) and get started today!

4

### Record CPD

#### RECORD

your PDP easily on [www.dentalcircle.com](http://www.dentalcircle.com)

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